



CASE STUDY

Life Saving Training

Resuscitation Academy Foundation is engaging communities across the U.S. and globe

THE CHALLENGE:

Approximately 350,000 people suffer a cardiac arrest each year in the United States. Survival rates for these people vary from less than 5% to over 60%, depending on the community they live in. This marked difference in outcome represents an important opportunity to improve as we strive to share and implement best practices from high-performing communities with lower performing systems.

THE RESPONSE:

The Resuscitation Academy (RA) has created resources and training programs that span the links in the chain of survival. Accelerated by the HeartRescue initiative, the RA has developed practical toolkits to advance program implementation for laypersons, telecommunicators, law enforcement, and EMS professionals. The goal of the programs is to enable every community to realistically improve cardiac arrest care and help close the gap in survival rates in communities across the world. Among the RA's achievements:

- Since 2008, the RA has **engaged more than 3,000 participants across 47 states**, training thousands of people in High-Performance CPR.
- **Hosts two academies each year** in Seattle, as well as dozens of events across the United States.
- Has **hosted 25 in-person workshops and training events** in Seattle, and another 100+ workshops and training events around the country and the world.
- Developed the comprehensive **10 Steps for Improving Survival from Sudden Cardiac Arrest program** to help increase survival rates.
- Formed and participates in the Global Resuscitation Alliance, which works to advance resuscitation throughout the world, using the Resuscitation Academy model.
- Provides resources and tools to EMS responders, Medical Directors, and telecommunicators to improve the chain of survival

The RA is seeing **improvement in survival rates** in many of the communities they've engaged, including:



Anchorage



Chelan-Douglas
County



Bend



Charles
County

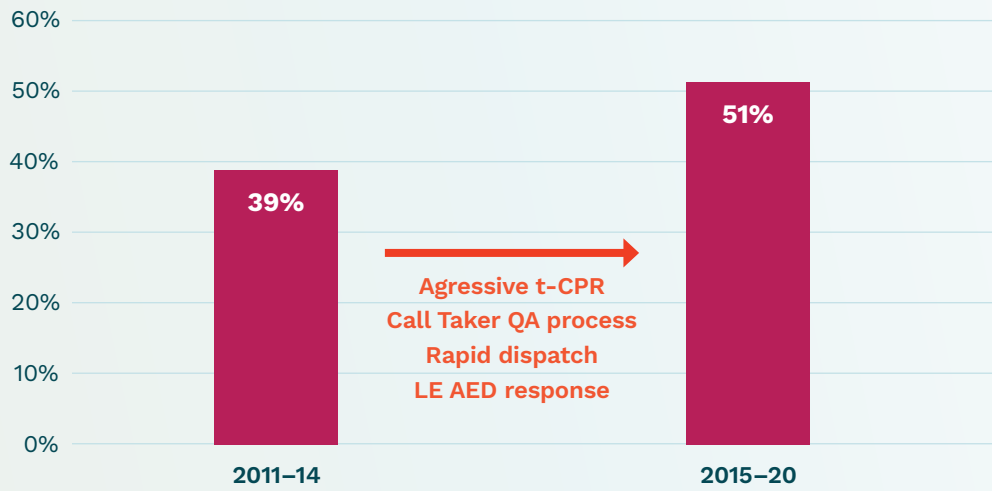


Howard
County



Hilton Head
Island

Chelan / Douglas Utstein County, Washington Survival



Learn more about [RESUSCITATION ACADEMY](#) and its resources.